



OHIO SENIOR *Olympics*



Athletes aged 50+ (December 31, 2024)

Where: Westerville Central High School

Date: June 14th – Field Events

June 15th – Track Events

Event Time: To Be Announced

Registration open: April 2024

**Qualifiers Eligible for the National Senior Games to be held
in Des Moines, IA. July 24 – August 4, 2025**

Track Events:

50, 100, 200, 400, 800, 1500 Meter, 4 x 100 Relay

Field Events

Discus, Hammer Throw, High Jump, Javelin, Long Jump, Pole
Vault, Shot Put, Triple Jump

Powerwalk 1500M on a Track or Road course

5K on a road course

5K and 10k Road Race

**Any 5k or 10k “verifiable” race will count as National Games
qualifier**

State Games Info: <https://ohio.nsga.com>

National Games: <https://nsga.com>

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